## IN PERSON EVENT

WITH OPTION TO ATTEND ONLINE

# Towards a Better Life

An exploration of the Social Role Valorisation framework with regard to people who are marginalised in society



19-20 March 2025 | Box Hill Golf Club

# What is this Workshop about?

This 2 day event will inspire participants to reflect on the value of obtaining the good things in life and consider how we may support people who may have been marginalised or disadvantaged to have better lives and greater involvement in their communities.

#### This event is designed to assist participants to:

- Understand social devaluation and its consequences
- Learn about Social Role Valorisation (SRV) as a means of addressing experiences of devaluation
- Strengthen ones motivation to counteract devaluation
- Clarify the qualities of the good things in life and how they might be facilitated
- Understand the importance of valued social roles and how to develop roles that lead to authentic inclusion in ones community.

You will also hear some 'real life' stories from people who were inspired by this workshop and how they have changed the course of their life! This workshop will use a combination of lecture, interactive exercises, reflection and discussion!

#### Who is this event for?

This event is for anyone who is serious about improving the lives of people who may be at risk of being marginalised or disadvantaged, such as people with disabilities, people with a mental illness, people who are ageing and people experiencing poverty or homlessness.

It would be of particular interest to people with a disability, their families, students, support workers, planners, LACs, NDIS personnel, professionals, managers, CEOs, policy makers, people in leadership positions and other concerned citizens.

#### **About the Presenters**



**Ricky Esterquest** is an American, currently residing in Townsville with his wife and two young boys. He has over 17 years experience in disability and community services and since 2015, Ricky has been a Social Role Valorisation (SRV) co-teacher, facilitator, PASSING team leader, and is a member of the SRV Educators Group. He continues to use SRV as a guide for his own values and to uncover his own assumptions. Ricky is the Managing Partner of Towards Better, where he uses SRV in his work alongside people with disability; in formal service evaluations; for business decision making; as a recruitment tool; and as a developmental/training methodology.



John Armstrong has a long involvement in the lives of people with disabilities, in informal advocacy and friendship roles as well as the formal roles of service provider, teacher, adviser and service planner. John is one of two senior Social Role Valorisation (SRV) and PASSING trainers in Australia. He is particularly interested in uncovering the reasons behind the abuse of vulnerable people and the things that influence beneficial, instead of detrimental actions. His events seek to increase consciousness and the development of the qualities needed by people who intend to act with integrity and leadership.

#### Feedback from Previous Participants

"This course has helped support workers to understand how to support our daughter with respect and dignity and understand the importance of valued roles." (Parent)

"Concentrating on valued roles has led to many opportunities for my daughter to be included and welcomed by her community." (Parent)

"This workshop is fundamental in regard to understanding the actions that lead to isolation and exclusion. It raises consciousness and reconceptualises thinking – leading to actions that value and empower the people we support. A must for all staff." (CEO)

"Social Role Valorisation has been the basis for my work for many years and has led to the authentic inclusion of the many people I have supported." (**Planner**)

"This workshop is an invaluable resource for those who truly want a practical approach to supporting vulnerable people into experiencing 'the good life'. John Armstrong is an engaging presenter who brings a wealth of experience." (**Trainer and Teacher**)

## **Event Information**

#### **Session Information**

There are 2 ways to attend this 2 day workshop, in person or online.



Box Hill Golf Club 202 Station Street Box Hill South, Victoria



Online via Zoom Access links will be sent out closer to the event



9 am to 5 pm each day



To get the most out of the course, it's important that participants attend the 2 full days. Day 2 builds on the information from the first day.

Day 1: 19 March 2025 (Wednesday) **Day 2:** 20 March 2025 (Thursday)

Registrations are through Humanitix

**REGISTER NOW** 

## **Ticket Pricing**

All ticket prices start at AUD \$80 and includes GST unless otherwise stated.

All ticket prices include access to the content and handout material over 2 days.

If attending in person, the price includes morning/afternoon tea and lunch. If attending online, the ticket fee covers live streaming.

Please see the <u>Humanitix event listing</u> for full details.

Registrations only available online and close on 12 March 2025.

#### **Further Information**

A certificate is provided to those who complete the 2 days and is proof that you have completed the mandatory introductory training in SRV to allow you to progress to PASSING training if you choose to.

If you require further information please contact Belonging Matters.

You can email: info@belongingmatters.org.

You can phone: 03 9739 8333

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